

# HURRICANE EMERGENCY KIT



**Have you ever made a trip to the supermarket or home improvement store just before a hurricane?**

If so, you've likely seen just how empty the shelves can be in the lead-up to an emergency. For this reason, it's important to stock up on emergency supplies well in advance of a hurricane. We recommend putting together this hurricane emergency kit before hurricane season begins, and keeping it on hand for when a big storm hits. By preparing supplies well in advance, **you'll have one less thing to worry about** as a hurricane approaches.

## FOOD & WATER

- One week's worth of food (non-perishable/canned)
- Can opener (non-electric)
- Paper/plastic plates, utensils, cups, and paper towels
- Propane tanks, propane grill, and grill-safe cookware
- One week's worth of water: 3gl per person, per day

## FIRST AID

- Comprehensive first aid kit
- Bug spray
- Extra cash
- Prescriptions and/or medication
- List of all medications currently taken by family members

## SUPPLIES FOR SENIORS

- Extra food for special dietary needs if needed
- Extra water, as dehydration can be an issue for the elderly. Consider using smaller bottles that are easier to drink from.
- Medicare card info, living will/power of attorney
- Extra medical supplies as necessary (hearing aids, medical bracelet, information on biomedical devices, extra supply of medication)
- Cane, walker, or wheelchair if applicable

## PET SUPPLIES

- At least one week of pet food and water
- Leash, collar or harness, toys and chewers
- Medications if applicable
- Contact info for veterinarian

## BABY SUPPLIES

- Bottles and formula
- Baby wipes and rash cream
- One week's worth of diapers

## MISCELLANEOUS

- (PPE) Personal Protective Equipment
- NOAA weather radio
- AM/FM radio with extra batteries
- Flashlights with extra batteries
- Battery-powered lanterns
- Waterproof lighter
- Duck tape
- Feminine care products
- Basic tools (screwdriver, hammer, wrench, drill)
- Extra maps of local area and state highways
- Copies of directions to the nearest evacuation shelter
- Spare tire for vehicle
- Roadside triangle and tools
- Extra blankets
- Board games, cards, and other activities
- Emergency phone charger
- Generator with backup fuel
- Fire extinguisher
- Trash bags and disinfectant wipes
- Toilet paper and Soap
- Toothbrushes and toothpaste